

Early Communion Study Guide

(Revised Jan 2019)

Also available on Quizlet at...

➤ (<https://quizlet.com/145540889/communion-instruction-flash-cards/>)

1. Describe God's Story in six sentences.
 - **God** created us to be with Him. (Genesis 1&2)
 - **Our sins** separate us from God. (Genesis 3)
 - **Sins** cannot be removed by good deeds. (Ephesians 2:8-9)
 - **Paying the price for sin**, Jesus died and rose again. (Isaiah 53:4-5, 1 Peter 2:24)
 - **Everyone** who trusts in Him alone has eternal life. (John 3:16)
 - **Loving God and loving others** is our response to what God has done for us. (Romans 1:17, Matthew 22:37-39)
2. What other names are there for Communion?
 - **Eucharist**
 - **Lord's Supper**
 - **Holy Communion**
 - **Sacrament of the Altar**
3. What is God's Law? (Exodus 20)
 - **That which we "should" or "shouldn't do" according to Gods Will.**
4. What is the purpose of God's Law? (Rom. 3:20)
 - **Shows Our Sin (S.O.S.)**
5. What is Sin?
 - **When we "don't" do something we should or "do" something we shouldn't according to God's Law.**
6. What is the wage or penalty for our sin? (Rom. 6:23a)
 - **Eternal Death**
7. Who is Sinful? (Rom. 3:23)
 - **All People**
8. What is The Gospel? (Rom. 6:23)
 - **The Good News of how Jesus saved us from our sin and gives us eternal life.**
9. What is the purpose of the Gospel? (John 3:16)
 - **Shows Our Savior (S.O.S.)**
10. How did God save us? (John 3:16)
 - **He sent His son Jesus to pay the penalty of our sin by dying on the cross and conquering death through His resurrection.**
11. Why did God give us His Law and send His son to die for us?
 - **Because he Love's us**
12. What is Grace?
 - **God's Riches At Christ's Expense (G.R.A.C.E.)**

13. What are the “Means of Grace”? (The Way God sends us his Grace)
- **The written and spoken word of the Gospel (God’s Word / The Bible)**
 - **The Sacraments (Baptism and Holy Communion)**
14. What is a Sacrament?
- **Holy act Commanded by Christ**
 - **Has physical elements**
 - **Gives forgiveness of sins**
15. What are the two sacraments?
1. **Baptism**
 2. **Communion**
16. What is communion? (Martin Luther definition)
- **“It is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ Himself for us to eat and drink.”**
17. What Four elements do we receive when we take Communion?
1. **Christ true body**
 2. **Bread**
 3. **Christ’s true blood**
 4. **Wine**
18. What is it that gives such power in Holy Communion?
- **It is through God’s Word shared during the Words of Institution.**
19. How do we know that Jesus is “Truly present” in Holy Communion?
- **By His Word (The Bible) and by Faith**
20. What is the main gift of Communion?
- **Forgiveness of sins**
21. What are other benefits of Holy Communion?
- **Abundant life with Christ**
 - **Unity with other Christians**
22. Who should receive Holy Communion? (1 Corinthians 11:27-29)
- **Those who have faith in Jesus and believe in His true presence in the Lord’s Supper.**
23. Can you come to the Lord’s Supper if you are weak in faith? Why?
- **Yes! It can help to strengthen your faith.**
24. What three questions should I ask of myself before participating in the Lord’s Supper?
1. **Do I believe in Jesus as my Lord and Savior?**
 2. **Am I sorry for my sinful ways?**
 3. **Do I intend to change my sinful ways?**
25. Do you believe that Jesus has saved you from the consequence of your sin by His death on the cross and resurrection? Why?
26. Do you believe that Jesus comes to us in his “Real Presence” within and under the bread and wine in communion? Why?

