

Communion Instruction

Parent Page

How do I discern if my student is ready to participate in Holy Communion?

1 Corinthians 11:27-32

Anyone who eats the bread or drinks the cup of the Master irreverently is like part of the crowd that jeered and spit on him at his death. Is that the kind of "remembrance" you want to be part of? Examine your motives, test your heart, come to this meal in holy awe. If you give no thought (or worse, don't care) about the broken body of the Master when you eat and drink, you're running the risk of serious consequences. That's why so many of you even now are listless and sick, and others have gone to an early grave. If we get this straight now, we won't have to be straightened out later on.

Cognitive Understanding (Final Exam)

- **Law / Gospel** (Romans 3:23, Romans 6:23, Romans 5:1)
- **What is Holy Communion** (True body and blood of Jesus given within and under the bread and wine)
- **True presence** (Matthew 26:26-28)
- **Gift(s) of Holy Communion** (Matthew 26:28)
 1. Forgiveness of sins
 2. Life
 3. Salvation
 4. Community
- **Examination**
 1. Do I believe in Jesus as my Lord and Savior?
 2. Am I sorry for my sinful ways?
 3. Do I intend to change my sinful ways?

Spiritual Readiness

- Belief in the Triune God and faith in saving act of Jesus
- Communion is a "Means of Grace" from God – not our own act that makes it significant
- Faith in the true presence of Christ in the Lord's Supper
- Ability to act in a way that is respectful and honoring of God and others during communion.

First Communion Opportunity:

Students will have an opportunity to participate in a special 1st Communion during the Ash Wednesday worship on March 1 at either 5:00pm or 7:00pm. During the services Communion students and family will be ushered up together to participate in communion. Following the service students will receive a special certificate commemorating their 1st communion. If you are unable to attend either service, you are welcome to celebrate your students First Communion at another worship service (1st and 3rd Sunday's) independently. Let the Student Ministry office know of the date you select and we will prepare a certificate with the correct date.